



CANOE AND KAYAK PADDLING CAMPS

Have fun as you learn to paddle fast and far exploring New Brighton's own beautiful Long Lake! Parents, equip your children (ages 10-15) with safe boating skills whether they are with you, at a camp or at the cabin. We provide boats and paddles; participants need to bring a life preserver, swimsuit, towel, sunscreen, water bottle, snack and fleece jacket to each class. These active camps are co-sponsored by the Rice Creek Boat Club and the New Brighton Parks and Recreation Department and are taught by highly skilled, experienced paddling instructors. In the event of inclement weather, families should call the cancellation hotline number at 651-638-2141.

Beginning Kayak Paddling Camp

Ages 10-13

Flat water kayaking techniques will be covered: forward stroke, stopping, turning along with boat safety. Friday will be a make-up day if needed. Min. 6 Max. 12

Long Lake Beach Pavilion
Monday-Thursday July 10-13
2:00 pm-3:30 pm..... \$75
#17SCK11

Beginning Canoe Paddling Camp

Ages 10-13

Flat water canoeing techniques will be covered: forward and backward strokes, turns and cross-bow, along with boat safety. Friday will be a make-up day if needed. Min. 6 Max. 12

Long Lake Beach Pavilion
Monday-Thursday July 17-20
2:00 pm-3:30 pm..... \$75
#17SCK13

Intermediate Kayak Paddling Camp

Ages 12-15

This class is for stronger, more experienced paddlers. We will review the basics, paddle longer distances and add more advanced strokes such as the draw and sweep. Friday will be a make-up day if needed. Min. 6 Max. 12

Long Lake Beach Pavilion
Monday-Thursday July 10-13
4:00 pm-5:30 pm..... \$75
#17SCK12

Intermediate Canoe Paddling Camp

Ages 12-15

This class is for stronger, more experienced paddlers. We will review the basics, paddle longer distances and add more advanced strokes such as the draw and sweep. Friday will be a make-up day if needed. Min. 6 Max. 12

Long Lake Beach Pavilion
Monday-Thursday July 17-20
4:00 pm-5:30 pm..... \$75
#17SCK14

Want to paddle more?

Youth ages 12-18 who want more paddling can join Rice Creek Boat Club (RCBC). RCBC is a 501(c)3 dedicated to teaching youth paddling skills to foster a life-long love of paddling. For ten years, they have been teaching safe and efficient canoe and kayak paddling, for enjoyment as well as competition. RCBC offers two programs: "Minnesota-style," and "Olympic-style" sprint canoe and kayak. They operate from a boathouse at the Long Lake Beach in the Long Lake Regional Park in New Brighton. See www.paddleRCBC.org for more information.